

Habit of Early Rising.

"Early rising," Dr. Selden said, "was one of the surest means by which insanity is acquired." He said this habit was originally formed or forced by our Puritan forefathers in New England. Probably many of us can remember the rude shocks by which we were awakened when youngsters early in the morning; and before our brains and bodies were sufficiently recuperated by sleep from the exhaustion and excitement of the previous day.

"Some of us can remember that rousing old command, 'Get up now, right away, or you can't have any breakfast.' There was a command, coupled with a threat, and applied in such a manner as to kindle in the heart of the sleeping lion (or rather boy) the fierce fires of a stubborn resistance. The inalienable rights of growing boyhood had been invaded, and the hot, burning passion of anger was excited in the heart of the boy at the very outset of another day's experience. When roused from sleep by such a startling injunction, the boyish victim remained 'as mad as a March hare' all day. A peremptory command to get up when one's sleep is as yet unfinished is a command which grinds the soul, curdles the blood, swells the spleen, upsets all good intentions, and disturbs for an entire day the mental activities of a boy, just as a tornado disturbs and levels with advancing ruin a forest of mighty pines.

"Another habit, but a less pernicious one, is that of rising too late in the morning, while still another habit tending to bring on insanity is the habit of rousing one's self suddenly after a long night's sleep. Suddenly the brain has been in an anemic condition for several hours, and after the mental processes have been practically suspended during that period, the resumption of mental activity should be very gradual. A person who awakens suddenly, shakes himself and jumps out of bed as if he was struck by lightning, will certainly injure his own brain if he continues that habit for a sufficient length of time. The sudden filling of the blood vessels by too sharp activity after waking, will in time produce relaxation, or possibly rupture, in the walls of the cerebral vessels. A person should waken himself slowly, and should rest a short time after the waking, indulging in some light, genial mental operation, just enough to stimulate to normal activity the brain forces before he rises from the recumbent position.

The Early Christians.

Christ declared: "My kingdom is not of this world. If my kingdom were of this world, then would my servants fight, that I should not be delivered to the Jews; but now is my kingdom not from hence." The early Christians could not be prevailed upon to bear arms, but in order to popularize Christianity this rule was gradually slackened, and for Constantine to accept it, Christianity was changed into a religion of this world. It is a question whether Constantine was converted to Christianity or Christianity was converted to Constantine. As the kingdoms of the world adopted the form of Christianity it was changed to suit them, and even churches permitted clauses inserted in their creeds to make the religion conform to the world instead of making the world conform to the religion of Christ. Before the full benefits of the Christian religion can be secured that religion must be adopted in its early purity.

Pungent Points on Baking.

As much depends on the baking as on the making. Biscuit and ginger bread require a quick oven; flour bread a slower one. Fruit cake requires more cooking than a plain sugar-cake, and should be baked slowly. Cookies want a quick oven and close attention or they will burn. For brown bread a hot oven at first is necessary, and a slow and steady fire after the bread is heated through. Apple pie should be baked slowly, so that the apple may be thoroughly cooked. Cake should not be disturbed while baking; a sudden jar after it has risen before it is cooked through, is pretty sure to make it fall; or if the oven door is left open while it is baking, long enough to let in too much cool air, it may fall. There should be as steady a fire as possible.—"Aunt Olive" in Pittsburgh National Stockman.

Woman is a Mystery.

There was a little incident on a cable line car yesterday morning that made all on board laugh. There was such a touch of humor in it and so much human nature, that the mirth was as free and spontaneous as the rippling murmur of a brook. The car had just stopped at the Priests of Palas hall, and a large, genial faced, jovial kind of a man assisted a lady to alight. As the car started again he rather earnestly remarked:

"Now, there goes my wife to hear Sam Jones tell her of her faults." Then, after an impressive pause: "Yet when I try to tell her of them at home there is a terrible racket. I can't understand women."—Kansas City Times.

GRAINS.

Those saints who fear God most fear man the least.

The "peace of God which passeth all understanding" is a peace indeed!

Those who love God the most love their friends and all mankind the most.

Of all blessed people, those are the most highly blessed who sincerely bless the Lord at all times.

Beware of all doctrines, deeds, words, and thoughts that tend to a neglect of prayer, reading the Scriptures, and faithfulness in doing good.

The Christian never will see a day or have a minute when it will be safe to live out of a reverential, humble, prayerful spirit toward God.

If we seek for divine grace as earnestly and watchfully as the grasping miser seeks for earthly treasure, we surely shall not seek in vain.

Christians, in their journey through this wilderness of earth to the Canaan of heaven, need humility more than joy. A joy that is not broadly based on humility is no true joy in God.

We should never compare ourselves with those very imperfect Christians whom we may be tempted to believe are not so good as we are, but with those who are evidently much better than we are. This will lead us into humility and a desire to imitate them.

Practice to make God thy last thought at night when thou sleepest, and thy first thought when thou wakest; so shall thy fancy be satisfied in the night, and thy understanding be rectified in the day; so shall thy rest be peaceful and thy labors prosperous.

Greatly blessed are all those Christians who are so highly favored as to have sanctified common sense enough not to think more highly of themselves than they ought to think. Such a valuable state of mind can not be lived in without continual and humble watchfulness unto earnest prayer.

We know not what a day may bring forth of vexation, sorrow, and pain; but blessed be "the God of love and peace," we know every day will bring forth something pleasing and precious to us if we are humbly and earnestly trying to "work out our own salvation with fear and trembling," meekly and continually trusting to Jesus as our guide and helper.

How comforting to the weary saint is the precious truth that there remains a rest for the people of God. Orriory Hemmenway, one night in her weariness in the last summer of her beautiful Christian life, though in her usual health, with many friends very dear to her, and the world of nature lovely in her eyes, as she laid her head on her pillow, sweetly exclaimed: "How good it is to lie down at night and think you are one day nearer heaven!"

Thyself First.

Let us all adopt the sensible conclusion of Dr. Taylor's little girl. We give it as related in Zion's Herald.

Dr. Taylor relates that after preaching on the text, "He brought him to Jesus," his little daughter said she liked it.

"And whom do you propose to bring to Christ?" continued the father.

"I think I will bring myself first," was the reply.

Go, thou, and do likewise. Bring yourself. The Lord will not refuse other offerings, but no other will be complete without yourself. Religion is a personal consecration, and all efficient work has its root in a deep personal experience. Give yourself to the Lord and he will show you what more to do, and how to do it.

COLUMBIA & GREENVILLE DIV CONDENSED SCHEDULE.

IN EFFECT AUGUST 19, 1888.

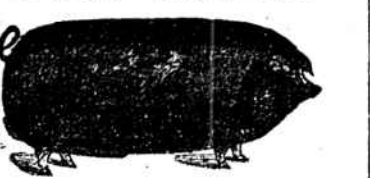
(Trains run by 75th Meridian time.)

NORTHBOUND.			
No.	No.	No.	No.
4.	50.	54.	70.
Lv Charleston	P. M.	A. M.	7 00
Lv Columbia	3 40	10 25	
Lv Anderson	3 25	11 22	
Lv Alton	8 55	11 25	
Lv Union		1 25	
Lv Spartanburg		2 50	
Lv Anderson	9 25	5 55	
Lv Saluda		6 00	
Lv Flat Rock		6 10	
Lv Hendersonville		6 15	
Lv Hot Springs		6 20	
Lv Newberry		6 25	
Lv Greenwood		6 30	
Lv Abbeville		6 35	
Lv Belton		6 40	
Lv Columbia		6 45	
Lv Charleston		6 50	

SOUTHBOUND.			
No.	No.	No.	No.
55.	51.	5.	3.
Lv Abbeville	A. M.		
Lv Belton	7 00		
Lv Columbia	8 00		
Lv Charleston	9 00		
Lv Flat Rock	10 30		
Lv Hendersonville	11 30		
Lv Hot Springs	12 30		
Lv Newberry	1 30		
Lv Saluda	2 30		
Lv Spartanburg	3 30		
Lv Union	4 30		
Lv Anderson	5 30		
Lv Alton	6 30		
Lv Columbia	7 30		
Lv Charleston	8 30		

"Daily, 4 daily except Sunday. Main Line trains No. 54 and 55 daily between Columbia and Abbeville. Daily except Sunday between Abbeville and Greenville.

FOR SALE.



50 PIGS—FROM A TWO DOLLAR AND A HALF GRADE TO A TWENTY-FIVE DOLLAR GRADE. All sired by our thoroughbred boar GLADSTONE.

W. P. ADDISON,
W. P. WIDEMAN.

August 8, 1888, 3 mo.

GREENWOOD FEMALE COLLEGE.

THE FALL SESSION WILL OPEN MONDAY SEPTEMBER 3rd. Experienced and accomplished teachers, and thorough instruction in all branches. English, mathematics, ancient and modern languages, music, art, and elocution. For catalogue and terms address the

MISSIS GILES,
Greenwood, S. C.

August 1, 1888.

Valuable Land for Sale.

EIGHT HUNDRED ACRES first class Farming and Stock Land for Sale. Location four and a half miles west of Greenwood, S. C., will sub-divide into two or more tracts to suit purchasers. For full information as to terms, etc., call on or address T. F. RILEY, Greenwood, S. C.

June 13, 1888, 17

PERRIN & COTHRAN, Attorneys at Law, ABBEVILLE, S. C.

ABBEVILLE BAKERY.

BESIDES BREADS of all kinds, customers will find at the Abbeville Bakery fine TOBACCO, a full line of CIGARS, and all kinds of CANNED GOODS.

PETER MCGLIANA, Baker.
June 6, 1888, 7 mo.

R. M. Haddon & Co., are offering some special bargains in summer dress goods, remnant of the latest styles, and through instruction in all branches. English, mathematics, ancient and modern languages, music, art, and elocution. For catalogue and terms address the

R. M. Haddon & Co., have full line mourning goods, cheap, medium, and fine. In politics our motto is Tariff Reform. Best Patent Medicines, purest Drugs for Prescription work, Patents, Oils, etc., Garden Seeds, School Books, and all specialties of the drug trade. J. B. Frank, Lowndesville, S. C.

March 29, 1888, 12m

For anything, the gentle furnishing goods, call on P. Rosenberg & Co. Just received the largest stock of shirts in town. P. Rosenberg & Co.

Bargains! Bargains!! in straw hats. P. Rosenberg & Co.

I will take stock in this month, and have reduced the price on several lines of summer goods in order to reduce my stock. Call and see for yourself. W. E. Bell.

Speed's Drug Store. A nice lot of hammocks for the Summer. Cheap at Speed's drug store.

No more round shoulders. If you will buy a pair of the celebrated Knickerbocker shoulder braces, at Speed's drug store.

The American fruit preserving powder and liquid, 25 cents and 51 sizes, at Speed's drug store.

With the latest improved machinery, I am now serving milk shakes. Don't forget to try them. Speed's drug store.

Why not have fruit and vegetables the year round, when you can do so by using the American preserving powder and liquid. One package will preserve 500 pounds of fruit or two barrels of cider. For sale only at Speed's drug store.

Positively the best shirt in the world for sale. E. L. Haddon & Co.

New lot of summer ribbons just received in pecot and crason edge. W. E. Bell.

R. M. Haddon & Co., are still receiving new and seasonable millinery, hats, shoes, flowers, etc. If you wish a stylish summer hat cheap, call on or send to them.

Don't suffer with that cold in the head when a bottle of Sanford's or Sage's catarrh remedy will cure it in a short time, for sale at Speed's drug store.

I will handle the celebrated Clement Shoe this fall, and in order to make room for them I have reduced the price of my shoes. Call and see the bargains I have in shoes. W. E. Bell.

Dress goods worth 10% for 8% per yard. Call and get what you want before it is too late. W. E. Bell.

I have received in the last week over 20 dozens ladies and children hats, and our 70 pieces of ribbons in all colors. W. E. Bell.

A fresh lot of the American Fruit Preserving Powder and Liquid just received at Speed's drug store.

Buy your window glass and prepared putty at Speed's drug store.

New flowers and ribbons at Haddon's. If you wish bargains in light summer dress goods, call in during the month of July and I will save you 20 per cent. on your bill. W. E. Bell.

For month of August. To make room for fall stock we will continue to offer some real bargains in summer dress goods. R. M. Haddon & Co.

For month of August. A full line, corsets, bustles, hoop skirts, ribbons, etc. R. M. Haddon & Co.

If you want a pair fine Brown Leghorn chickens, Call on E. L. Wilson.

The State of South Carolina, County of Abbeville. COURT OF COMMON PLEAS.

Florentina Wilson and Eliza Schroeder, Plaintiffs, against Jane Baker, Silas Brooks, et al., Defendants.

COPY SUMMONS FOR RELIEF. (Complaint served.)

To the Defendants Jane Baker, Silas Brooks, Josephine Daniel, Edgar Brooks, John Bradbury, Anna Stanley, Willis Moore, Jennie Moore, H. Williams Blanchett.

YOU ARE HEREBY SUMMONED and required to answer the complaint in this action, of which a copy is filed in the office of the Clerk of Court of Common Pleas, and to serve a copy of your answer to the said complaint on the subscriber at his office at Abbeville Court House, South Carolina, within twenty days after the service hereof, exclusive of the day of such service; and if you fail to answer the complaint within the time aforesaid, the plaintiff in this action will apply to the Court for the relief demanded in the complaint.

Dated August 14, A. D. 1888. J. FULLER LYON, Plaintiff's Attorney.

M. G. ZEIGLER, C. C. P.

WHITE BROTHERS

—Have now in store one of the largest and most attractive—

STOCKS OF SPRING AND SUMMER GOODS

they have ever offered. It would pay any one living in any part of the county who wants to buy goods to make at least one trip to Abbeville, where at the store of WHITE BROTHERS they can find the choicest selections in all lines of goods. Their stock of

Prints, Gingham, Seersuckers, Muslins, Satins, and other WASH FABRICS is very extensive. If a lady wishes to buy a GINGHAM DRESS, she can select from more than one hundred different styles.

Their stock of WHITE GOODS cannot be surpassed. They have WHITE LAWNs of all kinds and all prices, STRIPED and PLAIN LAWNs, SPRING-TIDE CHECKS, PIQUES, NAINSOOKS, MULLS, &c., &c. They have an elegant line of FLOUNCINGS for dresses, and WHITE TRIMMINGS in endless variety.

They will meet at WHITE BROTHERS STORE a splendid assortment of HANDKERCHIEFS and HOSIERY. Special attention is called to their BLEACHED and UNBLEACHED BALBRIGGAN HOSE.

WHITE BROTHERS have had a specially successful season with

READY-MADE CLOTHING.

Their trade in this line is increasing every year. They carry the finest line of elegantly fitting suits to be found anywhere in the up-country.

Gentlemen would do well to examine their assortment of SPRING HATS, both FELT and STRAW, NECKWEAR, SHIRTS, UNDERWEAR, SCARFS and GENTS FURNISHING GOODS generally.

When in town be sure to call on WHITE BROTHERS and you will find anything and everything you want.

White Brothers. WESLEYAN FEMALE INSTITUTE.

STANTON, VA. Opens Sept. 20, 1888. One of the most attractive Schools for Young Ladies in the Union. All Departments Thorough. Buildings Elegant. Steam Heat. Gas Light. Situation beautiful. Climate splendid. Pupils from Nineteen States, West; Georgia the largest in the Union. For the LIBERAL TERMS of this CELEBRATED OLD VIRGINIA SCHOOL, write for a catalogue to WM. A. HARRIS, Pres't, Stanton, Va.

EVERYBODY'S attention is called to the bargains which P. Rosenberg & Co. are now offering in Clothing.

They have just received a lot of 50 Suits, which was bought at from 25 to 40 per cent less than regular prices, and they propose giving their customers the benefit of the low prices.

They are also offering special inducements in their regular stock, which is complete in every particular.

They are positively offering bargains. Save money by calling on P. Rosenberg & Co.

Patronize HOME INDUSTRY.

Don't Send off for NORTHERN WORK.

Hand-Made Buggy Harness for \$9 up.

Hand-Made Brides for 75 cents up.

Hand-Made Collars cheap.

Halters and Whips, in great variety.

All parts of Harness sold separate, to suit customers.

Northern Harness for \$8 up.

Leather of all kinds, cheap for cash, or in exchange for Hides or Tanbark.

J. S. HAMMOND & CO.

July 11, 1888, 17

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It sells at sight to almost Every Family.

One agent this year, two months, has actually sold and delivered over 700 copies, and writes us that he will deliver 1500 copies by the time four months' work has been completed. These books are all sold by his individual canvass. He has no help or sub-agents.

Another agent sold 498 copies in one country township. An agent sold and delivered 300 copies in three weeks, in the city limits of Albany, Ga. Another sold and delivered 200 copies in less time than three weeks, in Greensboro, N. C. We give exclusive territory to canvassers. Don't lose time, but send 50 cents for full outfit and say what territory you want. Don't ask for too much territory. Full instructions, etc., free with outfit.

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Parents seeking a good boarding school for their daughters at moderate cost should patronize the Due West Female College. Next session begins OCTOBER 1st, 1888. For catalogue and any further information address

MRS. L. M. BONNER, Principal, or H. E. BONNER, A. M., Vice-Principal.

Due West, Abbeville co., S. C., July 11, 1888.

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OPENS FIRST MONDAY IN OCTOBER. Offers the advantages of a thorough College course, very low rates of tuition, and a fine campus. Entire expenses for the nine months, including board \$165. Send for catalogue.

W. M. GRIER.

July 15, 1888.

Coffins at Mt. Carmel.

J. W. SIGN has coffins at Mt. Carmel in the care of W. E. POWELL. The HEARSE will be sent from Abbeville when desired. Jan. 5, 1887, 17

WE HAVE JUST RECEIVED

And opened up for the Ladies, to the inspection of which we most cordially invite them A MOST ATTRACTIVE AND STYLISH STOCK OF DRESS MATERIALS, COMPRISING

A large choice selection of CALICOES, Colored and Mourning Gingham, "Chevron Novelty," "Toile Du Nord," "Comtesse" Satins, "Fancy Cheviots, &c., &c.

We offer special attractions to HOUSEKEEPERS in the way of Bleached, Half-Bleached, Turkey Red and Fancy Colored Table Damasks, Turkey Red and Fancy Fruit Dollies, Bleached, Brown and Checked Housewares, Bleached and Brown Sheetings,

OUR WHITE GOODS CAN'T BE SURPASSED, consisting of

India Linens, Check and Plain Nainsooks, India Mulls, Also, a full stock of NOTIONS.

Ask for our 50 White Pearl Buttons, Ric Round Novelty Braids, Perfunery, Hosiery, Gloves, Handkerchiefs, Chiselins, Collars, Cuffs,

We haven't forgotten the MEN and BOYS and well fitting READY-MADE CLOTHING.

A handsome stock of new, stylish and well fitting READY-MADE CLOTHING.

Remember, too, that we have a superb line of samples and can select and have made up an elegant suit unlike every body else's, for a reasonable consideration. We are headquarters for HATS, CRAVATS, SHIRTS, COLLARS, CUFFS and all GENTS FURNISHING GOODS. And our stock of these goods this season will certainly give you that we mean to keep our prestige in this direction. We will mention a few specialties:

Anti-Sweat Cravat Pins, The "Dandy" Collar Ration, Gents Colored Dress Shirts, Silk and Linen Handkerchiefs, The JAS. MEANS 8400 DRESS SHOE is guaranteed equal in style and durability to any hand sewed shoe on the market.

We have something entirely new in LAP ROBES. We can't begin to enumerate our stock. Call on us and we will take great pleasure in giving you every attention.

W. Joel Smith & Son.

F. S. HUTCHISON, Proprietor. J. Q. DONALD, Manager.

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A thousand and one other things too numerous to mention. We also do ROOFING AND GUTTERING on short notice and manufacture TIN and SHEETIRON WARE, SMOKE STACKS, SPARK ARRESTERS, &c. Address all orders to

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P. S. We carry in stock the best ROOFING PAINTS made. Also, VARNISH for SMOKE STACKS and BOILERS.

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Dye Stuffs, Stationery, Paints, Oils, &c.

MOST ANY DEMAND OF THIS MARKET CAN BE SUPPLIED. READY MIXED

PAINTS in any quantity from 5c can up. WHITE LEAD, RAW and BOILED LINSEED OIL, WINDOW GLASS and PREPARED PUTTY in abundance. The latest novelties in WRITING PADS, BOX PAPER, PEN STAFFS, INK STANDS, &c. My

May Kirby and Rebel Girl Cigars

can't be equalled in this market for a 5c cigar. My CHEWING TOBACCO